

2024 Virtual STAR-Center Conference

May 10, 2024

Will be held virtually via ZOOM

INFORMATION TO BE INCLUDED IN CONFERENCE PROGRAM
(Please complete and return to Jamey Covaleski no later than December 11th)

Name, Credentials, Position Title	Jessica L. Hamilton, PhD Assistant Professor
Affiliation:	Department of Psychology Rutgers University
Please Provide a Brief Bio (Also please attach a copy of your CV) Dr. Jessica L. Hamilton is an Assistant Professor in the Department of Psychology at Rutgers University in New Brunswick and Director of The Hamilton Lab. She completed her PhD in clinical psychology at Temple University and her clinical internship and postdoctoral fellowship in the Department of Psychiatry at the University of Pittsburgh. Her research examines modifiable risk and protective factors for suicidal thoughts and behaviors among adolescents, with particular focus on social media use and sleep. Dr. Hamilton harnesses innovative technological methods (e.g., smartphone sensing, EMA, and actigraphy) to examine these processes in real time to understand proximal risk for suicidal thoughts. She also conducts focus groups and works with adolescents on her youth advisory boards to ensure her research is informed by and accessible to young people, with the ultimate goal to inform the development of equitable and scalable prevention programs to prevent suicide and promote adolescent mental health. CV attached	
Keynote (1 hr. and 15 min session (includes Q&A)) Title of Presentation (As you would like it to appear in the conference program) The Clock is TikToking: The Urgent Need to Understand Social Media and Teen Suicide Risk	
Description (Please describe your presentation in 50 words or less as you would like it to appear in the conference program) The goal of this workshop is to provide knowledge about the current state of the science of teen' social media use and suicide risk, with emphasis on its potential risks and benefits. Clinical considerations and evidence-based strategies for addressing adolescents' social media use in clinical practice will be discussed.	
Level of Presentation (Select one) (This applies to workshops only) Introductory ___ Intermediate ___ Advanced ___	
Learning Objectives: (Please list 3) At the conclusion of this session, participants should be able to:	

1. Define important domains of social media use to consider in teens' mental health
2. Discuss the risks and benefits of social media related to adolescents' suicidality
3. Identify evidence-based strategies for addressing social media use with teens to promote mental health

FOR ACCREDITATION PURPOSES PLEASE PROVIDE:

Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation. (See next page).

Publications must be listed in American Psychological Association (APA) Style (see www.apastyle.org for more information).

APA format for journal article citation:

Author last name, Author first initial. Author Second Initial. (Publication Year). Title of article. *Title of Journal. volume(issue) (if issue numbered), pages.*

1. Hamilton, J.L. Biernesser, C., Moreno, M., Hamilton E., Porta, G., K., Poling, K. Brent, D.A. & Goldstein, T.M (2021). Social media use and prospective suicidality among adolescents in an intensive outpatient program. *Suicide and Life-Threatening Behavior*, 51, 1203-1212. doi: 10.1111/sltb.12801
2. Nesi, J., Burke, T.A., Bettis, A.H., Kudinova, A.Y., Thompson, E., MacPherson, H.A., Fox, K.A., Lawrence, H.R., Thomas, S.A., Wolff, J.C., Altemus, M.K., Soriano, S., & Liu, R.T. (2021). Social media use and self-injurious thoughts and behaviors: A systematic review and meta-analysis. *Clinical Psychology Review*, 87; 102038
3. Hamilton, J. L., Dreier, M. J., & Boyd, S. I. (2023). Social media as a bridge and a window: The changing relationship of adolescents with social media and digital platforms. *Current opinion in psychology*, 52, 101633. <https://doi.org/10.1016/j.copsyc.2023.101633>
4. American Psychological Association (APA). (2023). Health advisory on social media use in adolescence. <https://www.apa.org/topics/social-media-internet/health-advisory-adolescent-social-media-use>

Please e-mail your completed form, along with your CV, to me at covalesskij@upmc.edu by Monday, December 11th, 2023.